

Obesity Subgroup - Health and Wellbeing Board Report.

June 2015.

The H&W board obesity subgroup met in November 2014 and established 4 short term goals.

1. Establish a clear action plan for the obesity work stream following an asset mapping review of current resources and services and an updated gap analysis.
2. Develop a Healthy Weight Forum to conduct this work.
3. Develop a Healthy Weight Pathway.
4. Review progress on establishing a Tier 3 Adult Weight Management Service.

The Obesity subgroup has established a Healthy Weight Forum (HWF) an operational subgroup which has met twice. The HWF forum consists of 18 key partners from lead organisations that contribute to achieving a healthy weight pathway in Bromley. Ranging from the CCG to GPs, Physical Activity organisations to Planning and Environmental Services. The HWF has undertaken an asset mapping exercise across the LA, the CCG and other agencies/bodies to establish the current resources, services and gaps in the borough that impact a healthy weight. The HWF are now establishing a Healthy Weight Pathway from the intelligence gathered and working on 4 priority gaps the partnership identified.

1. Develop a Healthy Weight Pathway – from Healthy Weight to Morbidly Obese (Tier 1 to Tier 4).
2. Communications: Develop and deliver a communications plan to raise the profile of obesity and services available. Create a healthy lifestyle information pack.
3. Provide evidence based recommendations to support the development of sound local planning policy to promote health and wellbeing in the borough.

Next steps;

H&W board note the attached H&W board Obesity report.